



# April 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>These are FREE classes for children birth to five and their parents and caregivers. Contact Rosemary Sigala at <a href="mailto:rosemary.sigala@phoenix.gov">rosemary.sigala@phoenix.gov</a> or 602-329-9068 to register for activities and more information.</b></p>			<p>1 ABC Come Learn with Me 11 a.m. and 1 p.m.</p>	<p>2</p>	<p>3</p>
<p>5</p>	<p>6 The Mixed Up Chameleon 9 a.m. and 2 p.m.</p>	<p>7</p>	<p>8 Chicka Chicka Boom Boom Grab and Go Activity 11 a.m. and 1 p.m.</p>	<p>9</p>	<p>10</p>
<p>12</p>	<p>13 A Trip to the Farm Grab and Go Activity 9 a.m. and 2 p.m.</p>	<p>14 Sounds of Autism Workshop 11:00 a.m.</p>	<p>15 Yoga Pretzels 11 a.m. or 1 p.m.</p>	<p>16</p>	<p>17 Music and Movement Grab and Go Activity 10:30 a.m.</p>
<p>19</p>	<p>20 Going on a Bear Hunt Grab and Go Activity 9 a.m. and 2 p.m.</p>	<p>21 Playing it Safe Water Safety Workshop 1 p.m.</p>	<p>22 Comparing Big or Small Grab and Go Activity 11 a.m. and 1 p.m.</p>	<p>23</p>	<p>24</p>
<p>26</p>	<p>27 Tip Tip Dig Dig Grab and Go Activity 9 a.m. and 2 p.m.</p>	<p>28 Safe Sleep Workshop Spanish 10:30 a.m. English 12:00 p.m.</p>	<p>29 Maisy's Nature Walk 11 a.m. and 1 p.m.</p>	<p>30</p>	





**ABC Come Learn with Me Storytime:** In this story time children will be encouraged to show their knowledge of letter recognition by finding hidden letters within the book. (Ages 3-5)

**The Mixed up Chameleon:** Find out what happens when the Chameleon meets new and exciting animals and wishes he could be more like them. Little does he know he can do things no other animal can do! (Ages 3-5)

**Chicka Chicka Boom Boom Graby & Go Activity:** Children will enjoy an alphabet story which allows them to identify letters in a fun and interactive way. While listening to this fun rhyme filled story, children will practice the sounds of letters. With materials provided children will create their own alphabet tree. (Ages 2-5)

**A Trip to the Farm Grab & Go Activity:** Join us on a virtual field trip to the farm! We will explore which animals and foods are produced on the farm while children make their own paper farm with materials provided. (Ages 3-5)

**Sounds of Autism Parent Workshop:** This workshop will introduce the agency, “Sounds of Autism”, which provides support to caregivers of children with Autism. They will discuss “What is A Unified Responder Community”. The workshop will focus on phases of life from prenatal to final farewell of life, while touching on bridging all gaps and offer families solutions to a more independent life and sustainable job solutions.

**Yoga Pretzels:** Caregivers and children will explore yoga together through a blend of breathing exercises, stretches, postures, games and songs. (Ages 2-5)

**Music and Movement:** Join us as we move and groove to get all the wiggles and giggles out as we dance around and sing together! (All ages)

**Going on a Bear Hunt :** Let’s grab our binoculars in search of exciting creatures we can find in the forest. (Ages 1-3)

**Playing It Safe Water Safety Workshop:** In this workshop you will receive information on easy and affordable changes you can make at home to protect your children. We will discuss which products help protect your children and which do not. Also, how parent’s stress increases drowning risk and simple ways to reduce it. We will debunk drowning and water safety myths and misinformation.

**Comparing Big or Small:** Join in the fun as we compare and sort the differences between big and small objects. Using materials provided, children will have the opportunity to sort items big and small. (Ages 3-5)

**Tip Tip Dig Dig Grab and Go Activity:** Lets gear up and talk about construction. Your little ones will enjoy identifying machines at work moving dirt that build big exciting buildings. Children will then construct their own favorite vehicle with materials provided. (Ages 3-5)

**Safe Sleep Workshop:** Phoenix Children’s Hospital provides education for parents to create a safe sleep environment for their baby to prevent injuries.

**Maisy’s Nature Walk Story Time:** The story of Maisy’s Nature walk will spark conversation with children about discovering what they see on a daily basis while they are out and about and discuss the sights, smells, and sounds in their surroundings. (Ages 3-5)

