

AZCEND is a nonprofit that has been serving the East Valley for over 50 years. We provide a variety of services including food boxes, rental & utility assistance, & case management.

The Family Resource Center is your source for infant, toddler and preschooler services and a variety of social and human services that help to build strong families.

Check us out! Have fun at one of our events, meet new friends, and share ideas about being a parent.

CHANDLER FAMILY RESOURCE CENTER
345 S California St
Chandler AZ, 85225
Need help finding a service or getting diapers or information about our calendar? ¿Necesita pañales, encontrar algún servicio o dudas sobre nuestro calendario?

Contact/contacte a Jackie
480-963-1423 ext 106
jackiec@azcend.org



MAY 2023

CHANDLER FAMILY RESOURCE CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>#1 Gaste Inteligentemente En persona 11:00AM-12:00PM</p> 	<p>2</p> <p>#1 Taller de Nutrición En persona 11:00AM-12:00PM</p> 	<p>3</p> <p>#4 Story School In person/En persona 10:00 AM to 11:00AM</p>	<p>4</p> 	<p>5</p> 	<p>6</p> 
<p>8</p> <p>#2 Evaluando sus Finanzas En persona 11:00AM-12:00PM</p> 	<p>9</p> <p>#2 Taller de Nutrición En persona 11:00AM-12:00PM</p>	<p>10</p> <p>#5 Story School In person/En persona 10:00 AM to 11:00AM</p>	<p>11</p> <p>Mindful Me (English) In person 11:30AM-12:30AM</p> 	<p>12</p> 	<p>13</p> 
<p>15</p> <p>#3 25 Correcciones Financieras En persona 11:00AM-12:00PM</p>	<p>16</p> <p>#3 Taller de Nutrición En persona 11:00AM-12:00PM</p>	<p>17</p> <p>Zumbini In person/En persona 11:30AM-12:15PM</p>	<p>18</p> 	<p>19</p> <p>#1 Ready, Set, Kinder In person /En persona 10AM-11AM</p> 	<p>20</p> 
<p>22</p> <p>#4 Enseñando a los niños y niñas sobre finanzas En persona 11:00AM-12:00PM</p>	<p>23</p> <p>#4 Taller de Nutrición En persona 11:00AM-12:00PM</p>	<p>24</p>	<p>25</p> 	<p>26</p> <p>#2 Ready, Set, Kinder In person /En persona 10AM-11AM</p>	<p>27</p> 
<p>29</p>  	<p>30</p> <p>#5 Taller de Nutrición En persona 11:00AM-12:00PM</p>	<p>31</p>			<p>Registration link</p> 

Class Descriptions—Descripción de las clases

Mindful Me — English — In person

In this class, the power of mindfulness, art and yoga to free the mind and provide respite to those feeling overwhelmed and under resourced. En esta clase, el poder de la atención plena, el arte y el yoga para liberar la mente y dar un respiro a quienes se sienten abrumados y con pocos recursos.

Nutrition — In person — En persona

Las clases de nutrición impartidas por la Universidad de Arizona enseñarán temas como nutrientes esenciales, alimentos seguros, ahorros en la compra de alimento, calorías, grasa, azúcar y fibra.

Ready, Set, Kindergarten! — In person — En persona

Ready, Set, Kindergarten is a school readiness program for 4 and 5 year-olds preparing to enter kindergarten. Each week is themed and includes stories, songs, mindful movement, and activities. You will actively practice kindergarten readiness skills with your child so that you can confidently practice the same skills at home.

Zumbini — In person — En persona

Zumbini is Created by Zumba® and BabyFirst for kids ages 0-3, the Zumbini® program combines music, dance and educational tools for 45 minutes of can't-stop, won't-stop bonding, learning, and fun! The Zumbini™ program is where the science of child development meets the magic of Zumba®! Designed for children 0 to 3 years old and their caregivers, the Zumbini™ program takes little ones on their first steps toward an active, musical life. Together, adults and their young children wiggle, sing, and learn, for the ultimate bonding experience!

Series Educativas de Bienestar Financiero

Talleres y presentaciones interactivos en los que se usan una variedad de técnicas, tales como simulacros, casos de estudio, juegos, y aplicaciones personales para presentar información.

En el taller se cubrirán temas importantes que mejoraran la perspectiva de lo que es realmente llevar una vida financiera estable.

You must complete a parenting education series between January 1st 2023 - August 31st 2023, in order to qualify for Registration for Operation Santa 2023.

Deberá completar una serie de escuela para padres entre enero 1 del 2023 y agosto 31 del 2023 para poder calificar para el registro de Operación Santa 2023.

FAMILY RESOURCE WEBPAGE || SITIO WEB DE RECURSOS FAMILIARES

Scan with your phone to check out our webpage!
Escanee con su teléfono para ver nuestra sitio web.



WHAT ELSE DO WE OFFER?

- Diaper Assistance
- Baby Food
- Baby Items
- Community Resources

¿QUÉ MÁS OFRECEMOS?

- Asistencia de Pañales
- Comida Para Bebé
- Artículos Para Bebe
- Recursos de la Comunidad