

## CHANDLER FAMILY RESOURCE CENTER

**AZCEND** is a nonprofit that has been serving the East Valley for over 50 years. We provide a variety of services including food boxes, rental & utility assistance, & case management.

**The Family Resource Center** is your source for infant, toddler and preschooler services and a variety of social and human services that help to build strong families.

**Check us out!** Have fun at one of our events, meet new friends, and share ideas about being a parent.

### CHANDLER FAMILY RESOURCE CENTER

345 S California St  
Chandler AZ, 85225

**Need help finding a service, getting diapers or questions about our calendar?** ¿Necesita

pañales, encontrar algún servicio o preguntas sobre nuestro calendario?

**Contact/contacte a Jackie**  
480-963-1423 ext 106  
jackiec@azcend.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					
<b>#1 Spend Smart</b> In person 11:00AM-12:00PM	<b># 6 Nutrición</b> En persona 11:00AM-12:00PM		<b>Mindful Me (English)</b> In person 11:30AM-12:30AM	<b>#2 Ready, Set, Kinder</b> Bilingual In person /En persona 10AM-11AM	<b>#2 Ready, Set, Kinder</b> In person /En persona 9:30AM-10:30AM <i>Chandler Library Downtown</i>
<b>#2 Assessing your Finances</b> In person 11:00AM-12:00PM	<b># 7 Nutrición</b> En persona 11:00AM-12:00PM		<b>Story Adventure</b> In person/En persona 12:00PM-1:00PM	<b>#3 Ready, Set, Kinder</b> In person /En persona 10AM-11AM	<b>#3 Ready, Set, Kinder</b> In person /En persona 9:30AM-10:30AM <i>Chandler Library Downtown</i>
<b>#3 25 Financial Fixes</b> In person 11:00AM-12:00PM	<b># 8 Nutrición</b> En persona 11:00AM-12:00PM			<b>#4 Ready, Set, Kinder</b> Bilingual In person /En persona 10AM-11AM	<b>#4 Ready, Set, Kinder</b> In person /En persona 9:30AM-10:30AM <i>Chandler Library Downtown</i>
<b>#4 Teaching Children about Money</b> In person 11:00AM-12:00PM	<b>Sensory Fun</b> In person/En persona 12:00PM-1:00PM				Registration link 

## Class Descriptions—Descripción de las clases

### Mindful Me — English — In person

In this class, the power of mindfulness, art and yoga to free the mind and provide respite to those feeling overwhelmed and under resourced.

En esta clase, el poder de la atención plena, el arte y el yoga para liberar la mente y dar un respiro a quienes se sienten abrumados y con pocos recursos.

### Ready, Set, Kindergarten! Ingles –In person – En persona

*At Chandler Downtown Library*

Ready, Set, Kindergarten is a school readiness program for 4 and 5 years-old preparing to enter kindergarten. Each week is themed and includes stories, songs, mindful movement, and activities. You will actively practice kindergarten readiness skills with your child so that you can confidently practice the same skills at home.

### Clases de Nutrición en persona

Las clases de nutrición impartidas por la Universidad de Arizona enseñaran temas como nutrientes esenciales, alimentos seguros, ahorros en la compra de alimento, calorías, grasa, azúcar y fibra.

### Financial Education Series

Interactive workshops and presentations that use a variety of techniques, such as simulations, case studies, games, and personal applications to present information.

The workshop will cover important topics that will improve and lead to a stable financial life.

### Sensory Fun || Diversión Sensorial

Sensory Fun Groups is a 45-minute class that gives children and caregiver (s) an opportunity to explore different textures, sounds, smells and visually experiences. Each session is presented by an experienced Developmental Specialist with over ten years of experience in the field of Early Childhood Developmental. Sensory Fun Groups promotes enrichment in all areas of development, sensory exploration and a bonding experience for the child and their caregiver (s).

Los Grupos de Diversión Sensorial son clases de 45 minutos que ofrecen a los niños y a sus cuidadores la oportunidad de explorar diferentes texturas, sonidos, olores y experiencias visuales. Cada sesión es presentada por un experimentado Especialista en Desarrollo con más de diez años de experiencia en el campo del Desarrollo Infantil Temprano. Sensory Fun Groups promueve el enriquecimiento en todas las áreas del desarrollo, la exploración sensorial y una experiencia de unión para el niño y su(s) cuidador(es).

### Story Adventure — Bilingual-Bilingüe — In person/En persona

Immersing children into the world of stories is the magic of Kids Need to Read's "Storybook Adventures". Sharing a passion for reading is contagious. Giving a copy of the books you read for the children to share at home is priceless! Books are so clearly vital, not only as a means to learn to read but as a tool for children to dream and to accomplish those dreams. Storybook Adventures throws open the door for each child to begin the process of dreaming for their bright future.

You must complete a parenting education series between January 1st 2023 - August 31st 2023, in order to qualify for Registration for Operation Santa 2023.

Deberá completar una serie de escuela para padres entre enero 1 del 2023 y agosto 31 del 2023 para poder calificar para el registro de Operación Santa 2023.

### FAMILY RESOURCE WEBPAGE || SITIO WEB DE RECURSOS FAMILIARES

Scan with your phone to check out our webpage!

Escanee con su teléfono para ver nuestra sitio web.



### WHAT ELSE DO WE OFFER?

- Diaper Assistance
- Baby Food
- Baby Items
- Community Resources

### ¿QUÉ MÁS OFRECEMOS?

- Asistencia de Pañales
- Comida Para Bebé
- Artículos Para Bebe
- Recursos de la Comunidad