





Phoenix Families First Family Resource Center

January 2022



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 The Mitten 11:00 a.m. In Person Burton Barr	4 The Mitten 10:15 a.m. In Person Cesar Chavez Alphabet Detective 10:00 a.m. In Person - Aeroterra 1:30 p.m. Virtual	5	6 The Mitten 10:30 a.m. Virtual	7	8 
10 And That's Their Family 11:00 a.m. In Person Burton Barr	11 And That's Their Family 10:15 a.m. In Person Cesar Chavez Simon Says 10:00 a.m. In Person Aeroterra 1:30 p.m. Virtual	12 Parent Chat Bike & Pedestrian Safety 10:00 a.m. In Person Aeroterra	13 And That's Their Family 10:30 a.m. Virtual	14	15
17 MLK Day City Holiday	18 Shape Matching 10:15 a.m. In Person Cesar Chavez Where Did the Toy Go? 10:00 a.m. In Person Aeroterra 1:30 p.m. Virtual	19 Parent Chat Water Safety/Playing it Safe 10:00 a.m. Virtual	20 Shape Matching 10:30 a.m. Virtual	21 Shape Matching 11:00 a.m. In Person	22
24 Pom Poms Color Sorting 11:00 a.m. In Person Burton Barr	25 Pom Poms Color Sorting 10:15 a.m. In Person Cesar Chavez Mindful Yoga 10:00 a.m. In Person - Aeroterra 1:30 p.m. Virtual	26	27 Pom Poms Color Sorting 10:30 a.m. Virtual	28	29 
31 Playdough Letters 11:00 a.m. In Person Burton Barr	<p>These are FREE classes for families with children ages birth to five.</p> <p>Contact Milvia Sanchez at 602-376-7093 or Cassandra Diaz at 602-329-9068</p> <p>Or email phoenixfrc@phoenix.gov to register for activities and more information.</p>				



PHOENIX FAMILIES FIRST
RESOURCE CENTER
 PHOENIX.GOV/EDUCATION/FAMILIESFIRST
Supporting Families and Children



The Mitten Story Board (ages 1-5) Come read the classic story of “The Mitten” by Jan Brett with us! We will read about a boy named Nicki, who lost a mitten. Woodland animals found it and used the mitten as a nice warm place to shelter from the winter cold. Children will have an outline of a mitten to color and will receive an emergent reader with pictures of the animals from the book to take home.

Alphabet Detective (ages 3-5) Children will become alphabet detectives and learn to recognize letters as they search for objects displaying alphabet letter tags. This simple game could be played with endless variations just by changing the alphabet objects you choose.

And That’s Their Family (ages 0-5) Author Kailee Coleman will read her book, “And That’s Their Family.” The book illustrates how diverse families are and how no matter what a family looks like, there is still love. Together we will create a family banner with your family name and handprints of each family member. We will talk about how you can add diversity into their play at home and to help young minds value differences in those around them.

Parent Chat: Bike & Pedestrian Safety Fitting Your Bike - So many children are involved with falling off their bikes and getting injured because the bike is not the right fit. You will learn the proper way to find a bike and to ensure it is the right size. Also, how to inspect the bike, before you ride it.

Shape Matching (ages 1-5). Parents let’s work on a shape matching together! We will start out with talking about shapes and matching them with objects we see in the real world and then go on a shape scavenger hunt throughout the library!

Where Did the Toy Go? (ages 6 months - 2 years). The children will develop a sense of identity and belonging. The children will also use nonverbal communication (gestures) and language (coos, babbles, first words) to engage others in interaction. They will learn the words book, toy, lap, and the phrase “You did it!”

Parent Chat: Water Safety/Playing it Safe - This class will give caregivers a custom water safety plan to help them manage stress and protect children at the pool. Free materials include door alarms and life jackets for children ages 1-5 years.

Simon Says (ages 3-5) Children will play the timeless game of “Simon Says.’ During this activity, children will develop listening skills, and the ability to follow directions by listening to the instructor say, “Simon Says.” Children will each have colored items such as beanbags, blocks, or streamers to use during this activity.

Color Sorting Pom Poms (ages 1-5) Giving children lots of opportunities to use tweezers, threading laces, pulling at ribbon etc., are all wonderful and simple fine motor tasks that will build small motor muscles in the hands. These small muscles help children grip pens and pencils so drawing and writing can be achieved easily down the track.

Mindful Yoga (ages 0 - 5) Children will join Mindful Yoga, moving with some fun simple yoga poses, music, and movement followed by breathing exercises that will allow children to calm their bodies and mind.

Playdough Letters (ages 3 - 5) Come learn how to make playdough with us! Early literacy, spelling, and sensory activity all in one! You and your child will work on making letters and spelling your child’s name with playdough. By making learning fun and hands on, children will stay focused, and engaged longer.

Family Resource Center Locations:

Aeroterra Choice Neighborhood
700 N. 1st St.
Phoenix, AZ 85006

Beuf Community Center
3435 W. Pinnacle Peak Rd.
Phoenix, AZ 85027

Burton Barr Library
1221 N. Central Ave
Phoenix, AZ 85004

Cesar Chavez Library
3635 W Baseline Rd
Phoenix, AZ 85339